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Research and Development

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Project Summary

Parasites in Southern Sludges and Disinfection by Standard Sludge Treatment

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The objectives of this study were to (1) assess the presence and densities of resistant stages of parasites in municipal wastewater sludges (sewage) in the southern United States, (2) investigate parasite inactivation by lime treatment of sludges seeded with intestinal parasites, (3) measure the mass balance of helminth eggs through various processes in a municipal wastewater treatment plant, and (4) assess, on the basis of laboratory and field data, standard sewage sludge treatment processes for their effectiveness in inactivating parasites.

Sludge samples collected during each of the four seasons from 27 municipal wastewater plants located in Alabama, Florida, Mississippi, Louisiana, and Texas were examined for the presence and densities of resistant stages of human and animal parasites using parasitologic techniques developed for this study. Viable eggs of Ascaris and Toxocara were recovered at least once from every plant and viable eggs of Trichuris vulpis and Trichuris trichiura were recovered at least once from 26 and 15 plants, respectively. Viable eggs of at least 10 other helminths and cysts of a few protozoa were also found in fewer numbers and less frequently. Depending upon the parasite, the inactivation of parasites during sewage treatment fluctuated from season to season, but, in general, most were

inactivated in the summer. Laboratory studies verified the results of previous investigations indicating that destruction of resistant parasite eggs is primarily due to temperature (heat) and not to a specific digestion process. Very large lime doses were required for the inactivation of viable Ascaris in sludges and results were not always consistent. Lime treatment thus appears to be an expensive and unreliable treatment for Ascaris inactivation. Laboratory experiments also showed that at certain combinations of ultrasonic frequency intensity and exposure time, Toxocara eggs could be destroyed, but that the same ultrasonic conditions did not affect Ascaris eggs.

An important finding of this study is the poor suitability of Ascaris eggs taken from the uteri of gravid female worms as indicators of the characteristics of Ascaris eggs discharged in the feces of the host. The eggs removed from the gravid females are not as resistant to adverse factors as eggs that have undergone a hardening process in the intestines of the host and been recovered from the feces.

This Project Summary was developed by EPA's Municipal Environmental Research Laboratory, Cincinnati, OH, to announce key findings of the research project that is fully documented in a separate report of the same title (see Project Report ordering information at back).

Introduction

In the United States, land disposal of sewage sludge has been practiced with care because of controversies over possible health and nuisance problems. Pathogens are known to survive conventional sludge stabilization and dewatering processes including the use of chemicals in these conventional processes. Of the three general types of pathogenic organisms—bacteria, viruses, and parasites-found in sewage sludges, certain parasites are known to be the most resistant to conventional sludge treatment processes. Also, parasites are the least studied of the pathogenic organisms found in sewage sludges. It was the general purpose of this study to investigate the types and densities of parasites in sewage sludges in the southern United States where both humidity and temperature favor parasite survival. It was also the purpose of this study to investigate, through field data and laboratory studies, the effectiveness of conventional sludge stabilization and select new processes for inactivating parasites in sewage sludges.

Research Program

This research included both field and laboratory studies. The field studies consisted of a year-long investigation of parasites in domestic waste sludges in the southern United States. This investigation has resulted in new information concerning: 1) the types and concentrations of resistant stages of parasites in southern domestic sludge; 2) the seasonal fluctuation of these parasites in sludge; 3) the effect of abattoir wastes on the density of parasites in sludge; and 4) other factors affecting the prevalence and persistence of parasites in sludges. Laboratory studies investigated the effect of selected sludge treatment processes on parasite eggs and cysts found in sewage sludge. The treatment processes investigated were aerobic and anaerobic digestion, lime stabilization, ammonification, sonication, and various combinations of these processes.

Results

Field Studies

Parasitological Findings

Sludge samples collected during each of the four seasons from 27 municipal wastewater treatment plants located in Alabama, Florida, Mississippi, Louisiana, and Texas were examined for the presence and density of the resistant stages of human and animal parasites using parasitologic techniques developed for this study. The selection of the wastewater treatment plants for sludges was made on the basis of the method of wastewater treatment used, size of the treatment plant, type of population served, and geographic and climatologic features of the region.

The results of the parasitologic examination are shown in Tables 1 through 3. Many of the eggs or cysts of parasites found in sludges were identified only as to genus or type because the resistant stages of closely related parasites are often so similar that it is not possible to tell them apart. For example, the eggs of Ascaris lumbricoides (human roundworm) and A. lumbricoides var suum (pig roundworm) are virtually indistinguishable and, consequently, when Ascaris eggs are found, it could require examination with an electron microscope to distinguish between the two species. The probable identity of each type of helminth egg and protozoan cyst found in the sludges is shown in Table 1.

Ascaris, Toxocara, Trichuris trichiura, and Trichuris vulpis were the parasites most commonly found in the sludges (see Table 2). The eggs of Ascaris, Toxocara, and Trichuris vulpis, either viable or non-viable, were recovered one or more times from each plant studied. Eggs of T. trichiura were found in all but one of the plants. Viable eggs of Ascaris and Toxocara were recovered at least once from every plant, and viable eggs of T. vulpis and T. trichiura were recovered at least once from 26

and 15 plants, respectively.

In Table 3 are listed other parasites, either viable or non-viable, found in the sludges. Of these parasites, Hymenolepis diminuta was most frequently found; its eggs were observed in 23 of the 27 plants studied. Viable eggs of H. diminuta were found in primary sludges in 15 plants and in treated sludges in 4 plants. H. diminuta is a tapeworm of rats, and its presence in sludge in 23 plants is an indication of the frequent occurrence of rats in or near sewage systems and treatment plants. Other parasite eggs that are more likely to be from a rodent source include the Trichosomoides-like eggs and some of the Capillaria eggs. Hymenolepis nana eggs could have been from either humans or rodents.

Densities of Parasites in Sludges

The total number of parasite eggs recovered from the digested sludge samples ranged from 0 to more than 230,000 eggs/kg dry weight of sludge, depending on the source of sludge and season of the year. The average number of total parasite eggs was approximately 14,000/kg dry weight of sludge. The percentage of the total parasite eggs in the sludge samples that were viable ranged from 0% to 100%, but was generally greater than 45% for primary sludge and 69% for treated sludge (see Table 4). Primary and secondary undigested sludge samples were found to contain in order of decreasing average densities: 9,700 Ascaris spp. eggs, 1,200 Toxocara spp. eggs, 800 T. trichiura eggs, and 600 T. vulpis eggs/ kg dry weight of sample. The average numbers of these parasites in stabilized sludge samples were: 9,600 Ascaris spp. eggs, 2,600 T. trichiura eggs, 700 Toxocara spp. eggs, and 700 T. vulpis eggs/kg dry weight of sludge sample. Densities of these four most prevalent parasites fluctuated greatly. The standard deviation of their densities is greater than the observed averages and the ranges are from zero to 10 times the average. Other parasite eggs and cysts were observed in the sludge samples, but in low concentration.

The Influence of Abattoirs on Parasite Concentration

Unusually high levels of Ascaris eggs were found in the sludges of one wastewater treatment plant. A detailed study revealed that an abattoir in the community processed large numbers of swine and that the wastes from this abattoir entered the municipal sewer system. In Table 5, the levels of parasite eggs in the wastewater treatment sludges receiving the abattoir wastes are compared with 6 other wastewater treatment plants of similar size in the same geographic area. In the plant receiving abattoir wastes, an average of 81,800 Ascaris eggs/kg dry weight of sludge was recovered, while in the 6 plants receiving little or no abattoir wastes an average of 7,900 Ascaris eggs/kg was recovered. The Ascaris eggs in the treatment plant receiving the abattoir wastes were undoubtedly mostly A. suum eggs that came from infected swine. It is interesting that the level of the T. trichiura-like eggs was nearly the same in each plant. This would indicate that very few, if any, of

Parasite Found	Probable Identity	Definitive Host
Ascaris eggs	Ascaris lumbricoides¹ Ascaris suum¹	Humans Pigs
Toxocara eggs	Toxocara canis ² Toxocara cati ²	Dogs Cats
Trichuris trichiura	Trichuris trichiura Trichuris suis³	Humans Pigs
Trichuris vulpis <i>eggs</i>	Trichurıs vulpis	Dogs
Toxascaris- <i>like eggs</i>	Toxascaris leonina	Dogs and Cats
Ascarıdia- <i>like eggs</i>	Ascarıdia galli Heterakis gallinae	Domestic poultry Domestic poultry
Trichosomoides- <i>like eggs</i>	Trichosomoides crassicauda Anatrichosoma buccalis	Rats Opossums
Cruzia- <i>like eggs</i>	Cruzia americana	Opossums
Capillaria <i>spp. eggs</i> (<i>3 or more types</i>)	Capillaria hepatica Capillaria gastrica Capillaria <i>spp.</i> Capillaria <i>spp.</i> Capillaria <i>spp.</i>	Rats Rats Domestic poultry Wild birds Wild mammals (opossums, racoons, etc.)
Hymenolepis diminuta eggs	Hymenolepis diminuta	Rats
Hymenolepis nana <i>eggs</i>	Hymenolepis nana	Humans and rodents
Hymenolepis <i>sp. eggs</i>	Hymenolepis <i>spp.</i> (poss. more than one species)	Domestic and/or wild birds
Taenia <i>sp. eggs</i>	Taenia saginata⁴ Taenia pisiformis⁴ Hydratigera taeniaeformis⁴	Humans Cats Dogs
Acanthocephalan eggs	Macracanthorhynchus hirudinaceus	Pigs
Entamoeba coli- <i>like eggs</i>	Entamoeba <i>coli⁵</i> Entamoeba <i>spp.</i>	Humans Rodents, etc.
Giardia cysts	Giardia lamblia Giardia <i>spp.</i>	Humans Dogs, cats, mammals

¹Eggs of A. lumbricoides and A. suum are indistinguishable.

these eggs were those of *T. suis*, the swine whipworm.

Effects of Sludge Treatment Processes on Parasites

Coccidia oocysts

The results of this investigation on parasites in southern domestic sludges indicate that, in general, conventional sludge stabilization treatment processes (e.g., mesophilic anaerobic or aerobic digestion) were not very effective in

destroying parasite eggs (see Figure 1). The number of viable Ascaris and Toxocara per unit dry weight of sludge actually increased during these processes due to the loss of dry mass of sludge solids that occurs in the digestion processes. The concentration processes of vacuum filtration and centrifugation appear to have removed or destroyed eggs, but due to the low number of samples analyzed and variable nature of the effect, this cannot

Isospora spp.

Eimeria spp.

be confirmed. The use of drying beds, however, is consistently very effective for destroying parasites in sludges.

Domestic and wild birds, mammals

In the field investigation, data were collected on both raw (undigested) sludges and on sludges stabilized by either aerobic digestion or anaerobic digestion under ambient or mesophilic temperatures followed by dewatering on drying beds. These data are shown in Table 6. During the winter and fall, parasite inactivation tended to be most

Dogs, cats

²Toxocara eggs were probably mostly T. canis.

³T. suis eggs were probably only rarely seen.

^{*}Eggs of these worms are indistinguishable.

⁵An intestinal amoeba that is a commensal, not a parasite.

Table 2. Number of Municipal Plants in Which Eggs of Ascaris, Toxocara, Trichuris trichiura and Trichuris vulpis were Found (27 Plants Studied)

Parasite	Fall ¹	Winter	Spring	Summer	Entire Year
Ascaris	17 ² /25 ³ /26 ⁴	22/25/26	14/26/27	14/25/25	26/27/27
Toxocara	11/22/24	17/27/27	9/24/24	9/23/25	23/27/27
Trichuris trichiura	6/10/16	8/12/18	7/10/19	6/10/16	12/15/26
Trichuris vulpis	19/21/22	19/23/24	19/23/26	12/24/25	25/26/27

Samples from only 26 plants examined in fall.

Table 3. Miscellaneous Parasites Found in Sludges from 27 Municipal Treatment Plants Sampled

Parasite	No. of plants in which found		
Toxascaris leonina eggs	2		
Ascaridia-like eggs	7		
Cruzia-like eggs	1		
Trichosomoides-like eggs	7		
Capillaria eggs (shells with pits)	7		
Capillaria eggs (shell with striations)	11		
Hymenolepis diminuta eggs	23		
Hymenolepis nana eggs	6		
Taenia sp. eggs	1		
Acanthocephalan eggs	1		
Entamoeba coli-like cysts	23		
Giardia cysts	9		
Coccidia oocysts	6		

variant. Except for Toxocara, the densities of all viable parasite eggs were reduced more in the summer and spring than in the fall and winter. Table 6 indicates the influence of anaerobic or aerobic digestion on drying bed treatment for parasite eggs. The percent reduction of viable eggs of four predominant parasites with respect to the drying bed process was generally not influenced by either aerobic or anaerobic stabilization. However, some reduction in effectiveness during the fall and winter was noted with anaerobically digested sludges, yet with aerobically digested sludges, a seasonal fluctuation was noted only with T. trichiura.

A correlation was found between the density of inactivated parasites and moisture contents in drying bed sludges. Figure 2 shows the correlation of the logarithm of the numbers of viable Ascaris eggs in raw versus drying bed sludge in the same plants (grouped by the moisture content of the drying bed sludges). The inactivation of viable parasite eggs in the raw sludges increases with decreasing moisture content of the drying bed sludges. The densities of viable Ascaris and Toxocara eggs in the drying bed sludges as related to the sludge moisture content was analyzed for each season. Table 7 shows that lowest moisture levels at which all Ascaris or Toxocara eggs were inactivated was 5% in the fall, 7% in the

Table 4. Parasite Concentrations in Primary and Secondary Sludge as Compared to Treated Sludge

Number of Viable and Non-Viable Eggs/kg Dry Weight of Sample

		Eggs/kg Dry Weight of Sample			
Parasite	Nature of Sludge ¹	Average ²	Standard Deviation	Range	Percent Viable Eggs
Ascaris spp. (human and pig	Primary and Secondary	9,700	26,300	200,000 - 0	45
roundworm)	Treated	9,600	27,400	230,000 - 0	69
Trichuris trichiura (human	Primary and Secondary	800	2,900	26,000 - 0	50
whipworm)	Treated	2,600	9,800	84,000 - 0	48
Trichuris vulpis (dog whipworm)	Primary and Secondary	600	1,000	5,700 - 0	90
, ,	Treated	700	1,300	10,500 - 0	64
Toxocara spp. (dog and cat	Primary and Secondary	1,200	2,300	5,400 - 0	88
roundworm)	Treated	700	1,500	8,500 <i>-</i> 0	<i>52</i>

¹Primary and Secondary sludges include sludges from primary clarification, Imhoff digestion, activated sludge, contact stabilization, and extended aeration. Treated sludges include sludges from mesophilic aerobic and anaerobic digestion, vacuum filtration, centrifugation, lagoons and drying beds.

²Number of plants in which viable eggs were found in treated sludges.

³Number of plants in which viable eggs were found in any sludge sample.

⁴Number of plants in which viable or non-viable eggs were found in any sludge sample.

²Numbers rounded off to nearest 100.

Table 5. Influence of Abattoir Wastes on Parasite Concentrations in Primary and Secondary Sludges

Parasite Eggs	Significant Source Contribution	Average No. of Viable and Non-Viable Eggs/kg Dry Weight of Sludge ¹	Number of Plants	
Ascaris spp. (human and pig	Domestic ²	7,900	6	
roundworms)	Abattoir ³	81,800	1	
Trichuris tríchiura or	Domestic	1,500	6	
Trichuris suis (human or píg whipworms)	Abattoir	1,600	1	
Toxocara spp.	Domestic	1,800	6	
(dog and cat roundworms)	Abattoir	500	1	

¹Numbers rounded off to nearest 100.

³Treatment plant in the geographic area receiving waste from large swine slaughter and packing houses.

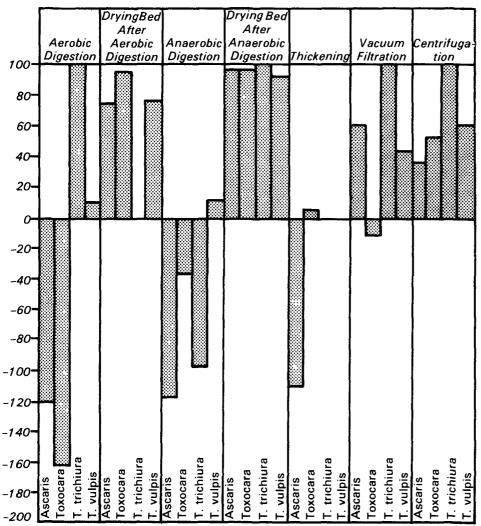


Figure 1. Average percent reduction of viable parasite eggs by unit process. (Negative values indicate that densities of parasites increased after the process.)

winter, 8% in the spring, and 15% in the summer. Evidently, both temperature and reduction in moisture content play a part in the inactivation of these parasites.

Mass Balance of Ascaris Eggs Through a Secondary Wastewater Treatment System

A mass balance of parasite eggs through each of the major unit processes was conducted in a municipal wastewater treatment plant which had high densities of parasites in the raw wastewater because of the contribution of wastes from an abattoir. Major unit processes consisted of contact stabilization, aerobic sludge stabilization, and sludge drying beds. Concentrations of Ascaris eggs were the highest prior to peak flows during early morning and late afternoon; whereas general municipal constituents fluctuated as expected. A possible explanation for this phenomenon is that the Ascaris eggs originating from the abattoir discharge settled in the sewage lines until high flows caused suspension and conveyance to the treatment plant.

The secondary clarifier removed (concentrated in the sludge) 91 to 98% of the Ascaris eggs present in the contact stabilizer effluent. However, 5 to 51 viable Ascaris eggs per liter of effluent were being discharged into a receiving creek. The percent removal of parasite eggs decreased as flow rate increased and clarifier removal efficiency decreased.

Except for sludge wasting, the Ascaris eggs removed by secondary clarification were recycled in the return sludge and added to the influent sewage, thus

²Domestic plants found in the geographic area.

Table 6. Percent Reduction of Viable Parasite Eggs by Total Sludge Treatment Processes¹

Process (Period)	Ascaris	Toxocara	T. trichiura	T. vulpis
Total	67/76/69 ²	91/28/74	39/118/26	44/87/58
Fall	58/101/16	82/39/16	31/87/7	(1) ³ /135/8
Winter	36/108/17	89/37/22	(26)/196/7	7/108/16
Spring	87/16/18	95/14/19	80/28/6	70/41/18
Summer	84/26/18	98/6/17	93/15/5	74/49/16
Aerobic	70/45/13	90/21/16	(25)/105/4	63/46/11
Fall	97/5/3	69/34/3	(66)/-/1	81/-/1
Winter	34/60/4	98/31/4	(155)/-/1	48/74/2
Spring	82/37/4	88/25/5	54/-/1	63/44/4
Summer	80/29/2	100/0/4	67/-/1	68/54/4
Anaerobic	66/83/55	91/31/55	52/119/21	34/96/43
Fall	49/111/13	83/42/12	48/82/6	(31)/145/6
Winter	37/121/13	86/42/17	(5)/206/6	(7)/113/13
Spring	89/24/14	98/6/14	85/27/5	71/42/13
Summer	84/28/15	97/7/12	100/0/4	74/51/11

¹Aerobic or anaerobic digestion followed by drying beds.

³Numbers in parenthesis indicate percent increase.

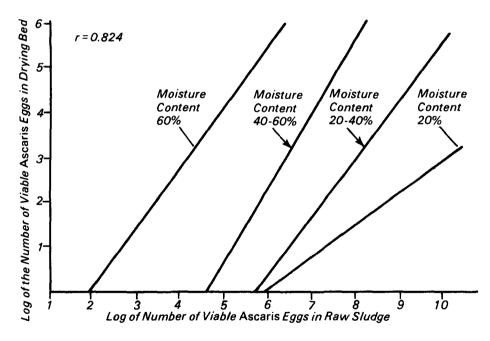


Figure 2. Plot of log of number of viable Ascaris eggs in raw sludge grouped by moisture content of drying bed sludges.

effectively concentrating the eggs in the contact stabilized and reaerated sludge. Therefore, it would appear that the processes of contact stabilization, activated sludge, or extended aeration tend to maintain a uniform level of parasite eggs in the sludges of the treatment plant.

Laboratory Studies

Laboratory studies on selected wastewater sludges were conducted to determine the factors involved in the inactivation of parasite eggs and cysts in sewage sludges. Bench scale results of semi-continuous aerobic (ten day hydraulic retention time) or anaerobic sludge digestion (fifteen day hydraulic retention time), lime stabilization, ammonification, sonication, and combinations of the above processes for the destruction of Ascaris suum and Toxocaris canis eggs in sludges are briefly as follows:

- Aerobic digestion inactivated parasite eggs at temperatures of 55 °C or greater within two hours and at 45 °C within two days.
- Anaerobic digestion inactivated Ascaris and Toxocara eggs at temperatures greater than 45 °C, but only retarded egg development at temperatures less than 45 °C.
- 3) Lime treatment of sludges, pretreated by aerobic digestion at 28 °C and 35 °C to produce maximum embryonation (and thus maximum sensitivity to environmental factors), did not produce consistent inactivation of Ascaris eggs. The sludges were lime treated and then held under aerobic or anaerobic conditions. With one exception. inactivation increased with increasing contact time (up to 20 days) and increasing lime dose, although 3,000 mg Ca(OH)₂/gram sludge solids was required for essentially complete inactivation. The exception, 35 °C aerobically digested sludge stored under anaerobic conditions, showed poor and erratic inactivations at the various storage times and lime doses. Lime treatment thus appears to be an expensive and unreliable method for Ascaris inactivation.
- 4) The results of the ammonification studies were inconclusive. In aerobically digested sludges, the viable Ascaris eggs densities were reduced 95% within 5 days even in the control (no ammonia added). The anomalously high reductions with the control casts doubt on this set of data. In the anaerobically digested sludges, no reduction in Ascaris viability was observed at any dosage of ammonia up to 5,000 mg of ammonia sulfate per gram of suspended solids.
- 5) Ultrasonication was effective in destroying Toxocara eggs at 49kHz within a 6 minute exposure, but ultrasonication was not effective in destroying Ascaris eggs under these same conditions. The test samples consisted of a suspension of approximately 10,000 eggs of

²Average/standard deviation/number of samples.

Table 7. The Relationship Between the Viability of Ascaris and Toxocara Eggs in Drying Bed Sludges and the Moisture Content of the Sludge, in Different Seasons

Season	Number of Drying Bed Samples Analyzed	Number of Samples With No Viable Eggs	Lowest Moisture Contents Below Which No Viable Eggs Observed	Number of Samples With No Viable Eggs At or Below Lowest Moisture Contents	Number of Samples With Viable Eggs
			For Both Ascaris	and Toxocara Eggs	
Fall	24	7	5%	1	11
Winter	22	4	7%	1	18
Spring	22	12	8%	8	10
Summer	21	14	15%	8	7
			For Only A	Ascaris <i>Eggs</i>	
Fall	21	7	5%	1	14
Winter	22	5	7%	1	<i>17</i>
Spring	22	12	8%	8	10
Summer	21	14	15%	8	7
			For Only To	oxocara <i>Eggs</i>	
Fall	24	12	5%	1	12
Winter	22	12	21%	3	10
Spring	22	17	21%	11	5
Summer	21	18	20%	10	3

the respective parasite in 100 ml of water.

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Gerald Stern is the EPA Project Officer (see below).

The complete report, entitled "Parasites in Southern Sludges and Disinfection by Standard Sludge Treatment," (Order No. PB 82-102 344; Cost: \$17.00, subject to change) will be available only from:

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